



Southcentral PA Tobacco-Free Coalition Meeting

March 7, 2022



**Regional Pennsylvania
Tobacco-Free Coalitions**

Agenda

- 11:00 AM – 11:15 AM Welcome & Introductions
Scavenger hunt winners and review
- 11:15 AM – 11:45 AM American Lung Association & Regional Updates
11:45 AM -- 12:45 PM Speaker: Tesla Taliaferro- Rainbow Rose Center Board President
Tesla will be discussing the problems associated with tobacco use in the LGBTQ community and how to effectively outreach for tobacco prevention and recovery.
- 12:45 PM – 1:15 PM Lunch
- 1:15 PM – 2:00 PM Group discussion



Welcome & Introductions

Jennifer King, Specialist, Health Promotions

Southcentral Region Scavenger Hunt Winners

No one submitted scavenger hunt answers!



Answers to the Scavenger Hunt Questions

1

Locate where other service provider information be found. [Scavenger hunt answer #1](#)

2

Locate where the RPCs can be found. [Scavenger hunt answer #2](#)

3

Locate where Multi-Unit Housing information can be found. [Scavenger hunt answer #3](#)

4

Locate where you can order signage, posters, and other resources. [Scavenger hunt answer #4](#)

5

Locate where you can find information concerning disparate populations. [Scavenger hunt answer #5](#)

American Lung Association and Regional Updates

David Huber, MPH
Specialist | Health Promotions

Tobacco-Free Community Garden Initiative

- Collaboration with Penn State Extension to identify and create tobacco-free community gardens. Goal of collaboration is to:
 - Ensure fresh uncontaminated produce for individuals and families
 - Provide support for local food banks
 - Remove tobacco waste from the environment
- Promotional materials created to:
 - Bring awareness to effects of tobacco waste on the environment
 - Promote tobacco cessation programs
- For more information contact David.Huber@lung.org

**Protect Your Lungs
and the Plants.**



Did you know gardening is found to reduce cortisol levels (chemical your body produces in response to stress)? Plant these seeds as a healthy alternative to using tobacco to reduce stress.

EarthPods.com Seed Packets
American Lung Association
55 W. Michigan Drive, Suite 1150 | Chicago, IL 60601
LOT 8 Printed for 2023 • Seed by 1/2/2023 • AMS 5080 NR1 300 mg

COVID-19 Vaccine Outreach Grant Overview

- The American Lung Association in partnership with the DCED has created COVID-19 vaccine outreach materials (Posters, One-pagers, Postcards, etc.)
- Spanish translations are available for all materials.
- For more information contact David.Huber@lung.org

The image displays three COVID-19 vaccine outreach materials from the American Lung Association. The top poster, titled "Allow your child to have a successful school year. Talk to your health care provider about the", features a photo of children in a classroom and the American Lung Association logo. The middle one-pager, titled "COVID-19 in Rural Communities", includes a photo of a man in a field and the text "PA UNITES AGAINST COVID". The bottom postcard, titled "To prepare for viral season, make sure you are up to date on your COVID-19 vaccinations.", features a photo of a man and child and the text "PA UNITES AGAINST COVID".

YLAP Update in the Southcentral Region

- Smoke-free ordinance passed for Penbrook Borough. Includes
 - Little Valley Park and Penbrook Community Park
- Presenting proposal to pass smoke-free ordinance for Camp Hill Borough on March 8th. Parks would include:
 - Beverly Park, Fiala Field, Schaeffer Park, Siebert Park, and Willow Park
- Proposal being written for a smoke-free ordinance for Heidelberg Township in Lebanon County.



American Lung Association and Regional Updates

Julie Davis Bartol
Specialist | Health Promotions

Diabetes Prevention Program

Before developing Type 2 diabetes, most people have prediabetes; their blood sugar is higher than normal but not high enough yet for a diabetes diagnosis. There are 96 million US adults with prediabetes and 80% of them do not even know that they are risk.

The American Lung Association has a chronic disease grant to help locate providers to cover **Diabetes Prevention Program** sessions throughout our three regions: Northeast, Northcentral, and Southcentral.

If you are interested in starting a DPP cohort in your county, or would like more details, please contact Julie at JulieDBartol@lung.org. There is still funding available for FY23.



Regional Pennsylvania Tobacco-Free Coalitions Newsletter

- Monthly newsletter is distributed mid-month
- Request for articles is sent out the first week of each month
- Seeking new/updates from providers
- Articles can include recent holiday event or recap, upcoming webinar, activity or class, new social media campaign, introduction of a staff member and more!



Regional Pennsylvania Tobacco-Free Coalitions Website

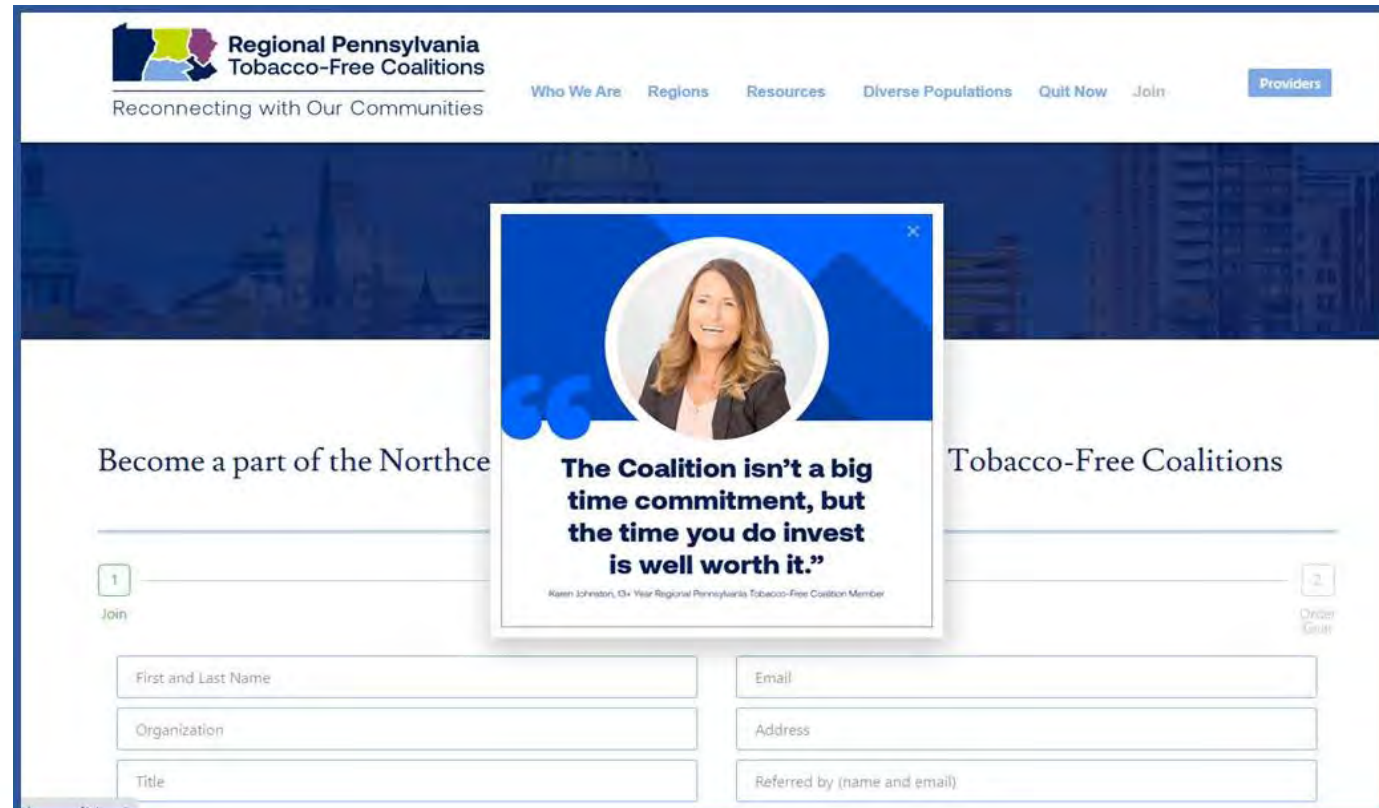
- New items are added weekly, for example, the MUH Pre/Post Tenant Surveys were posted last week.
- Latest changes: Pop-up under the “Join” page, rotation of ads- Why others have joined. Upcoming project: Working on a pop-up survey towards the end of summer.
- **Quit Now and Northeast, Northcentral, and Southcentral webpages:**
 - Please review your regional contact information on these website pages
 - Make sure that your information is correct
 - Send any revisions to JulieDBartol@lung.org
 - Working on social media posts that will link to these pages



Regional Pennsylvania Tobacco-Free Coalitions Website

Provider Login

- Righthand corner of the page button is now active! You can locate forms/templates on this page, such as NRT form.
 - User ID: Provider
 - Password: rptfc



The screenshot displays the website's header with the logo and navigation menu. The main content area features a testimonial pop-up for Karen Schuster, a 10+ year member, with the quote: "The Coalition isn't a big time commitment, but the time you do invest is well worth it." Below the pop-up is a registration form with fields for First and Last Name, Organization, Title, Email, Address, and Referred by (name and email). A "Join" button is on the left and a "Order Sheet" button is on the right.

American Lung Association and Regional Updates

Derek Leshak
Specialist | Health Promotions

Tobacco Enforcement Update

- The American Lung Association conducts compliance checks at all tobacco retailers in the Southcentral, Northcentral, and Northeastern regions as part of the Tobacco Enforcement Program.
- There are currently 4,735 tobacco retailers across our three regions. At least one compliance check must be completed at each location each fiscal year.
 - Northeast region has 2,115 retailers
 - Northcentral region has 844 retailers
 - Southcentral region has 1,776 retailers

Open Inspector Position for the Southcentral Region

- We are currently looking for part-time independent contractors to work as Tobacco Enforcement Inspectors across the Southcentral region.
- Qualifications
 - A bachelor's degree and experience in law enforcement or public health is preferred.
 - Complete job description [here](#)
 - In addition to the Inspector position, we are also looking for Underage Buyers to assist our inspectors. The full job description for the underage buyers will be included in the March meeting minutes.
 - All interested candidates can contact Derek.Leshak@lung.org, please include a cover letter and resume.



2023 Youth Risk Behavior Survey Update

In 1990, the Centers for Disease Control and Prevention (CDC) developed the YRBS to monitor health behaviors that contribute markedly to the leading causes of death, disability, and social problems among youth and adults in the United States. Tobacco use is one of the health risk behaviors that is monitored in this survey.

- In January, the YRBS started in Pennsylvania schools, it will wrap up towards the end of the school year.
- The YRBS is administered every two years.
- The CDC will be releasing the 2021 YRBS results this spring, if you are interested in viewing these results before the release date, please contact Derek.Leshak@lung.org
- We will provide the 2019 YRBS results in the March meeting minutes. You can also find this information on the CDC and Pennsylvania Department of Health websites.
- [Here](#) is a 2019 YRBS snapshot for Pennsylvania tobacco use

American Lung Association and Regional Updates

Tony Delonti
Specialist | Health Promotions

Regional Updates

Northeast Region

- Tobacco Resistance Unit (TRU) numbers to date: 405
- Young Lungs at Play (YLAP) communities to date: 7 (we are waiting for the passage of other areas!).
- Peer Education and presentations: 5

Northcentral Region

- Offered 9 TRU sign-up days at schools, waiting for their responses.
- Community Behavioral Health Vaping Presentation





Tesla Taliaferro

Rainbow Rose Center Board President

The problems associated with tobacco use in the LGBTQ community and how to effectively outreach for tobacco prevention and recovery

Speaker Q & A



Group Discussion

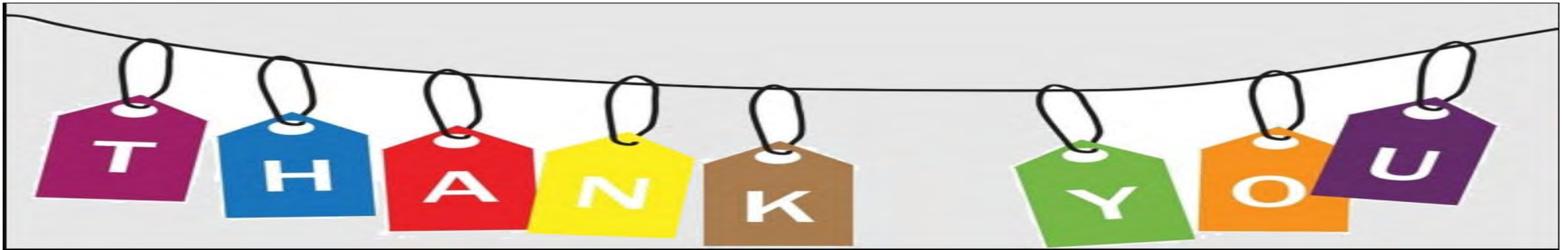
Closing Remarks

Our next Southcentral Coalition meeting:

June 6, 2023, 11:00 AM-2:00PM

Tony Delonti will be our featured speaker; Tony will discuss youth vaping and vaping products.





Thank you for attending today, we appreciate all the work that you are doing to help save lives by eliminating tobacco use and tobacco-related lung disease throughout the Southcentral regions of Pennsylvania!

Please remember to complete the meeting evaluation survey, we value your feedback!

[Southcentral RPTFC March meeting survey](#)